

Privacy Statement

Gabriëlle Rutten is responsible for the processing of personal data. She works directly with her clients. Contact with you as a (potential) client usually begins by phone and internet, followed by personal contact during EFT sessions, the EFT introductory workshop, and other EFT activities.

Contact Details and the Data Controllers

Address: Ariën Brandsteeg 18, 4201 GG Gorinchem
Email: gabriellerutten@proton.me
Website: www.gabriellerutteneft.com
Data Controllers for all personal data:
G. Rutten 0630449255 – gabriellerutten@proton.me
T. Claas 0628972781 – taco.claas@proton.me

Protection of Personal Data

Gabriëlle Rutten respects the privacy of her participants. During the execution of our activities, the protection of personal data is therefore of great importance. Personal data is stored only on a password-protected laptop and in a password-protected backup. Gabriëlle Rutten complies with the requirements set by the General Data Protection Regulation (GDPR). The way in which we process your personal data is described in our processing register.

Use of Personal Data

Your personal data is processed by Gabriëlle Rutten on the basis of an agreement for the delivery of workshops and pursuant to the WGBO and WKKGZ regulations. Your data is used to maintain your personal file, to send our newsletter, and to contact you by phone or email if necessary in order to carry out our services. Your data may also be used to inform you about changes to our services and products and to provide our services. Gabriëlle Rutten does not make decisions based on automated processing that could have significant consequences for individuals.

What Data Does Gabriëlle Rutten Use?

The following personal data is recorded in the client file:

- Name, address, postal code, city of residence, country
- Date of birth
- Telephone number and email address
- Education and occupation
- Any medical complaints and psychopathology
- In the case of Optimal EFT, the client's personal concept of God
- Notes regarding the content of the treatment

Purposes for Which Personal Data Is Used

1. Monitoring the progress of treatment
2. Maintaining Gabriëlle Rutten's mailing list: a public list that people subscribe to themselves
3. Determining suitability for workshop participation
4. Tailoring services to individual needs in preparation for an offering
5. Proper handling of complaints received

Reasons for Processing Personal Data

Gabriëlle Rutten processes your personal data for:

- carrying out the agreement we have with you;
- the legitimate interests of Gabriëlle Rutten;
- services for which you have given consent.

Retention Periods

- The legally required retention period for client files is 15 years (WGBO)
- Upon request and in the event of death, the data will be permanently destroyed
- Personal data related to complaint handling will be anonymized after each calendar year

Security of Personal Data

- Gabriëlle Rutten only provides personal data to third parties (such as newsletter services) when this is necessary for the execution of our agreement with you or to comply with a legal obligation.
- Gabriëlle Rutten regularly creates backups of her files. These backups are password protected. Software is updated regularly and therefore optimally secured.
- External parties do not have access to personal data, with the exception of newsletter-related data.

Accessing, Correcting, or Deleting Data

- You have the right to access, correct, or delete your personal data. In addition, you have the right to withdraw any consent you have given for data processing or to object to the processing of your personal data by Gabriëlle Rutten. You also have the right to data portability. This means you may submit a request for the personal data we hold about you to be sent to you or to another organization designated by you in a computer file. You may send a request for access, correction, deletion, transfer of your personal data, withdrawal of consent, or objection to the processing of your personal data to gabriellerutten@proton.me. To ensure that the request for access has been made by you, we ask that you include a copy of your identity document with your request. In this copy, please black out your passport photo, MRZ (machine-readable zone, the strip with numbers at the bottom of the passport), passport number, and Citizen Service Number (BSN) in order to protect your privacy. We will respond as quickly as possible, and no later than within four weeks.
- Visitors to the Gabriëlle Rutten EFT website may subscribe to the free newsletter. The confirmation clearly states that this information will only be used for the newsletter concerned. All further communications provide you with the option to unsubscribe from the newsletter at any time.
- If you do not agree with the way Gabriëlle Rutten handles your data, we would like to point out that you have the option to file a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens). This can be done via the following link: [Autoriteit Persoonsgegevens](https://autoriteitpersoonsgegevens.nl)

This statement was last amended on May 1, 2026.